

The Richmond Record

September 2014

6 W Main, Richmond UT 84333

phone: (435) 258-2092

www.richmond-utah.com

City Party September 5th at 6:00 pm in the City Park. Bouncy rides open at 5:00.

BE AWARE!

Schools are in session so please be extra aware for pedestrians and bikers and skateboarders in the morning and afternoons on their way to or from school stops. Parents, please follow the drop-off and pick-up directions (no U-turns, traffic flow, etc.) to ensure safety for all.

Rules of thumb if walking in the street: pedestrians, walk on the side of the road and face oncoming traffic. Bikers and skateboarders, ride on the side with the flow of traffic. Wear light colors or reflective markers on clothing when you're out during dawn or dusk so others may more easily see you.

Please use the sidewalks where they exist. Property owners/renters, please ensure no vegetation is encroaching on the sidewalk. Guidelines are to cut branches and shrubs so a person 6 ½ feet tall can pass under them without having to duck and a person doesn't have to swerve to one side of the sidewalk in order to pass by a bush or tree.

Nature Park Workdays

Calling all workers! Wheeler Machinery will bring their equipment to the new Nature Park (350 S 300 E) on September 16-17 to finish grading, cleaning up, and landscaping the area. Helpers are asked to show up at 8 am (or whenever they can make it those days) with gloves, shovels, rakes, and a willingness to pitch in to help complete Richmond's newest park.

Youth Council

Elections are coming! The first youth council activity of the year will be Thursday, September

11 at City Hall at 8 pm. Youth council is for all youth grades 8-12. Come run for office! If you would like to volunteer to help the Youth as an adult on the committee, please come to this meeting as well. Contact Suzi Barrett with questions 435-764-5205.

Richmond Irrigation Company

Over 150 shareholders attended an information meeting to consider a \$5 million piping project for the Richmond Irrigation Company. Over 3700 of the 6040 shares were represented at the meeting by individuals or by proxy. At the end of the meeting a vote was taken to proceed with the design and construction of the project. 3752 votes were in favor and 390 votes were opposed. Design of the project will be by Franson Civil Engineers. Projected construction would begin the fall of 2015 with completion by spring of 2016. Stay tuned for updates.

Operation Christmas Stockings

The Richmond American Legion Auxiliary is once again sponsoring Operation Give's project of Christmas stocking for our troops. Please see the flyer included with the newsletter for more information on this project. Last year, the Richmond American Legion and Youth Council stuffed many stockings and shipped them off. Boxes for donations of items are at the City Office.

Business Spotlight

Pink Primrose Sweets & Treats will be offering for sale cupcakes and English scones on September 27th from 9 am to 12 pm at the Relief Society Building (15 East Main Street). The treats are made by Hannah Gibbons and Tina Baggaley as part of their mother/daughter baking business.



North Cache Flu & Immunization Clinic

North Cache Senior Support Center is partnering with the Lewiston Public Library and Larry's Pharmacies to immunize record numbers of seniors against influenza (flu), shingles, pneumonia, and

DTaP (diphtheria, tetanus, and pertussis).

The clinic is Wednesday, September 10, from 11:00 am to 2:00 pm. It'll be held in the Sunrise Park Complex at 53 South Main, Lewiston.

Remember to bring your insurance and medical cards. Self-pay flu shots are \$20. Pharmacists will be available to counsel you on individual concerns about what immunizations you need and discuss guidelines to determine proper treatment.



Added incentive: soup and warm bread will be served and there will be live entertainment!

Cache Valley New Horizons Orchestra Debuts in September!

The New Horizons Orchestra will create an opportunity for adults to begin study of a musical instrument, and a "re-entry point" for those who may have been away from music making for many years. It will also serve as a laboratory for USU music education majors and a vehicle for identifying and studying the ways music can affect family life.

Visit CacheArts.org or call (435) 227-5556 for more information. Classes begin September 15 and run through December 10. Rehearsals are Mondays and Wednesdays from 12:00 – 2:00 pm. Cost is \$130. Sponsored by Cache Valley Center for the Arts and Utah State University Department of Music.



Eyeglass Donations

Ever wonder what happens to the eyeglasses you drop off in the donation boxes the Richmond Lions Club has

placed around the community? The club spends several meetings a year where they wash, sort, and read the prescriptions of the donated eyeglasses. The glasses are then gathered into boxes and hard-sided suitcases for use in eye clinics here and abroad by The Hope Alliance.

At a recent clinic in Senegal, Africa, the volunteers saw 6,019 people and gave out 4,350 pairs of glasses. One of the recipients wrote this poem in thanks:

On behalf of Njafar People
No thanks could be so high for you!
From Uncle Sam's country you left.
Heavy with presents that cure, you arrived.
So enlightened our eyes and spirit.
So grateful (sic) we are.
God bless you.
Jallow

Reply from the US volunteers and the Utah Lions: Nok oh dok' (Wolof for "You are most welcome.")

Library News

"Books are not just made of words, they are also filled with places to go and people to meet."
—PCF

Thank you for your patience during our annual closed week. Our picture book area has a new look, we have made sections for some of the favorite topics...come in and check it out. We have already had some pretty excited kids who now know where to always find their favorite books.

September Library Presentation

Wednesday, September 17th, Katie Johnson and her photography group will present fun and interesting photography tips - plus how to take and store pictures. This will be held in the library basement at 7:00 PM. Refreshments will be served.

Congratulations to our August **100 Year-Old Celebration** winners! The August winners of "the week of the 14th" drawings were: Alesia Averett & Mackley Bair (Big J's shake); Kassie Thacker (Dollar Tree gift card); and Luke Johnson (the guessing jar of treats). Those who won "free books" at the end of the July were

Angie Braegger, MaKayla Johnson, Katyrra Peck, and Shelly Bair. Be sure to come in during September for your chance to win.

Each month of our **BIG 100 Year-Old Celebration Year** there will be a drawing for a free book in for 4 separate age groups: preschool, children, teens, and adults. Each month, during the **week of the 14th**, we will have fun drawings for treats and prizes.

October is coming!!!

That's our Birthday Month, so watch for the fun that will be advertised next newsletter.

The library has a surplus old TV and VHS player, so if you are interested, come in to the library by September 30th and put your name and phone number in a drawing. The winner will be notified on October 1st.

Preschool Story Hour is beginning again!

It will resume Thursday, September 4th at 10:30 AM and will be each Thursday through next May, with the exceptions of holidays and when school is out for conferences or school breaks. Farol Nelson is our treasured Story Hour Lady who welcomes and loves all preschool children from birth to school age with lots of fun and learning in each story hour day. Bring your little ones to enjoy stories and participate in amazing activities.

Preschool Story Hour Schedule:

Thursdays, 10:30 AM

- | | |
|---------|-------------------|
| Sep. 4 | Making Friends |
| Sep. 11 | Animal Friends |
| Sep. 18 | Where Do You Live |
| Sep. 25 | ABC |

New Arrivals

Children's Books:

Amelia Bedelia's First Library Card by Herman Parish

Clorinda by Robert Kinerk

Harry Has Hiccups & Rachel the Shy Jellyfish by Cindy Leaney

The Tarantula Scientist & The Snake Scientist by Sy Montgomery

Junior Books:

4 New *Who Was* titles in the biography section

A Poke in the I by Paul Janeczko

Spirits in the Stars (Seekers #6) by Erin Hunter

The Grimalkin's Secret by Kara Komarnitsky

Bad Hair Day (Whatever After #5) by Sarah Mlynowski

Teen's Books:

The Finisher by David Baldacci

The Bridge to Never Land (Starcatchers #5) by Dave Berry

Birthmarked, Prized & Promised by Caragh M. O'Brien

Slaves of Socorro (Brotherhood #4) by John Flanagan

Adult's Books:

All the Light We Cannot See by Anthony Doerr

The Innocent by David Baldacci

Twisted Fate: Three Stories of Suspense by T. H. Abramson, Gregg Luke, Stephanie Black (also in audio)

Becoming Lady Lockwood by Jennifer Moore

Audios:

A Step of Faith & Walking on Water (#4 & #5 in the Walk Series) by Richard Paul Evans

4 titles by Lous L'Amour

5 titles by James Patterson

For a **complete list of "New Arrivals"** go to our website: richmondlibrary.us, Search Our Catalog, Richmond Public Library, Catalog tab, Destiny Quest (on left). In center, "Resource Lists" shows New Materials for last 4 months.

CERT

CERT (Community Emergency Response Team) offers a condensed Basic Training class. It will be held Sept. 11-13 and 18-20; class meets Thursday and Friday evening from 6:30-9:30 pm and Saturday from 8:00 am-4:00 pm. There's 24 student maximum.

The Bridgerland Amateur Radio Club (BARC) will hold a 1 day HAM radio class on October 25.

The CERT program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their

neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community.

The Bear River Health Department needs CERT volunteers to help set up and take down the Blue Med Tent at the Cache Valley Hospital September 5th (5-8 pm) and 6th (11 am - 1 pm).

Contact Nancy LaMunyon, CERT coordinator, at richmondcert@gmail.com for information on these trainings or to learn more about Richmond CERT.

Health Fair

The Northern Utah Hispanic Health Coalition presents their 6th Annual Health Fair on Saturday, September 6, from 10 am to 2 pm at the Cache County Fairgrounds (450 S 500 W, Logan). Free health screenings, community resources, prizes, children's activities, zumba, and lots of fun for the whole family!

Cache Valley Halloween Half Marathon

Come out and join us for the first annual Cache Valley Halloween Half Marathon on October 11, 2014 at 8:00 am. Wear a costume or come as you are and enjoy a fabulous run starting at Cherry Peak Ski Resort then along the beautiful High Creek road and back around. The race will take you past 300 East to 250 East and weave down to the park. If you have any questions where the runners will be please contact the city office or the director Sandee Miller.

If you would like to volunteer to help decorate, had out water, direct runners, or even hand out medals, please contact the race director with your information and shirt size (all ages welcome).

More information can be found at www.cachevalleyhalloweenhalf.com. The race will benefit the American Diabetes Association to help with diabetes research; diabetes is the cause of more deaths a year than breast cancer and AIDS combined. Contact Sandee Miller at (801) 842-1882 or Rushraces@yahoo.com.

City Bill

Just a reminder—your city bill is due by the 20th of the month. If it is not paid by then, your service is subject to a late fee of \$3.00 and termination. If services are disconnected, a turn-on fee of \$25.00 plus the previous balance must be paid before service is restored.

Please contact the city if you have questions about your bill or to arrange payment.

Connect with Richmond City!

Richmond City Website

Thanks to Tanner Holm, the city's website will have a fresh, new look by the end of September. The new site will be easier to navigate; it'll also automatically sense if you're accessing the site by computer, tablet, or smart phone. Terrie is currently transferring the website contents to the new design and ensuring all the links and menus work.

In the meantime, visit the website at www.richmond-city.com for information on council meetings, public safety, resident info (utilities, licenses, permits), and much more.

Richmond City on Facebook

The city has an official Facebook page. To subscribe and find out what's going on in our community, go to www.facebook.com/richmondcityutah.

Community Response System

If you're interested in joining the city's community response system, please send an email to communityresponse@richmond-utah.com. If you'd like information on the system, send your request to the above email address.

The Community Response System started this summer as a means to quickly spread the word on city or area-wide emergencies (such as windstorms or flooding), planned utility outages, major road repair, and city events. We promise to not flood your inbox! Only one or two messages are sent each month.

Newsletter Submissions: send to terlou38@msn.com by the 20th of each month.

OPERATION CHRISTMAS STOCKING



Richmond American Legion Auxiliary helped Richmond City Youth Council stuff christmas stockings for our troops in Afghanistan and Seoul Korea.

Richmond's American Legion Auxiliary is sponsoring Operation Christmas Stocking for our Troops!

Filled Stockings and Stocking Stuffer items can be dropped off at:

Richmond City Office
6 West Main Street
Richmond, Utah

Deadline December 1, 2014

Contact:
Patricia Forsgren
(435) 258-2330
Elaine Ward
(435) 512-4956

LET'S GET BEHIND OUR TROOPS 100%

This project is being carried out by Operation Give, an "America Supports You" organization who works throughout the year to Support American Troops. This is our 10th year of Operation Christmas Stocking. Again help us send 10,000 to 20,000 Stockings to the Troops in Afghanistan & other countries. This Holiday Season, help us send stockings to the Troops to Afghanistan & other areas. Donate \$1 or more per Stocking online or send us a check.

You can make your own stockings, we will have filled stockings available for purchase, or create Gift Bags or Decorate boxes.



HERE ARE SOME SUGGESTIONS OF ITEMS YOU CAN SEND IN CHRISTMAS STOCKINGS TO OUR TROOPS:

- Christmas Cards
- iTunes Cards
- Long socks
- CD's/DVD's
- Games, Dominos, Yo-yo, Playing Cards
- Hand sanitizer
- Deodorant
- Shoe deodorizers
- Foot powder for Athlete's foot
- Travel clock
- Wet wipes
- Body & Face Lotions
- Body & Face soaps
- Eye Drops
- Sunglasses
- Shampoo / Conditioner
- Bug spray
- Calendar
- Shaving Cream
- Disposable razors
- Small flashlight
- Sunscreen
- Lip balm
- Small multi-tool
- Clip on Lights
- AT&T Calling cards
- Tiny personal fan
- Pen/Mechanical pencil
- SD Cards/Thumb Drives
- Toothbrush & paste
- Dental floss
- Individual pkg. of tissue
- Protein Powder mixes
- Canned air / hand duster
- Powdered seasonings, marinades, sauces & spices
- Dry erase markers / board
- Reading Books
- American flags
- Office supplies: tape, Large / small note pads
- GPS watch, compass
- Nerf footballs, Frisbee
- Charcoal briquettes
- Cash
- Healthy Snacks
- Disposable camera—include a photo of yourself with it before sending!
- Non-perishable-food items—Cookies, Candies, Gum, Granola bars, beef jerky, crackers, cheese whiz, peanut butter, powdered drinks, etc.
- Send small trees with Christmas decorations
- Chocolate, fudge, nuts

Also you can send toys for the troops to give out to the children, which will bring smiles to both the children and our soldier heroes. Please include your name and address or email address in the stockings!

Please don't forget the troops who are away from their loved ones during the holidays, guarding your freedoms. Help us by donating to our \$25,000 shipping costs!"

WE MUST GET STARTED EARLY—

Deadline to arrive in Salt Lake City Warehouse is DECEMBER 1st!



2275 South 900 West, Dock 49 , Salt Lake City, Utah 84119 | www.operationgive.org | 435.512.4956

CHIEF WIGGLES
**OPERATION
GIVE**
Sending smiles & Hope. One Gift at a Time.

This is the 10th year of Operation Christmas Stocking!

10 "Back to School" Snack Tips for Parents From ChooseMyPlate.gov

1. Save time by slicing veggies. Store sliced vegetables in the refrigerator and serve with dips like hummus or low-fat dressing.
2. Mix it up. Blend low-fat yogurt with 100% fruit juice and frozen peaches for a tasty smoothie.
3. Grab a glass of milk. A cup of low-fat or fat-free milk or milk alternative (soy milk) is an easy way to drink a healthy snack.
4. Go for great whole grains. Offer whole-wheat breads, popcorn, and whole-oat cereals that are high in fiber and low in added sugars, saturated fat, and sodium. Limit refined-grain products like sweetened cereals.
5. Nibble on lean protein. Wrap sliced, low-sodium deli ham around an apple wedge. Have hard-boiled eggs handy in the fridge.
6. Keep an eye on the size. Snacks shouldn't replace a meal, so look for ways to help your kids understand how much is enough. Use snack-size bags to control serving sizes.
7. Fruits are quick & easy. Fresh, frozen, dried, or canned fruits can be easy "grab-and-go" options that need little preparation.
8. Consider convenience. A single-serving container of low-fat or fat-free yogurt or individually wrapped string cheese can be just enough for an after-school snack.
9. Swap out the sugar. Keep healthier foods handy so kids avoid cookies, pastries, or candies between meals. Add seltzer water to a $\frac{1}{2}$ cup of 100% fruit juice instead of offering soda.
10. Prepare homemade goodies. For homemade sweets, add dried fruits like apricots & raisins and reduce the amount of sugar. Adjust recipes that include fats like butter or shortening by using unsweetened applesauce or prune puree for half the amount of fat.

Bear River Head Start is now enrolling students. We offer FREE educational and social services (Home or Center based) to low income families with children ages birth to 5 years, children with disabilities, and pregnant women. For more information or to fill out an application, contact (435) 755-0081 or toll free at 1-877-755-0081 or visit the website at www.brhdheadstart.org. When you turn in your application, you'll need to have the following documents: your child's age verification (birth blessing or baptism certificate); child's immunization record; and your income verification (W-2 or 1040 tax statement). The local contact is Steph Wood at (435) 232-2691.